



Primary Age CAT PAC Online - Summer Term 2025

We would like to invite you to a CAT PAC course, our parent awareness course designed to support parent carers of children with a diagnosis of autism or children who are on the neurodevelopmental pathway for assessment and who are on CAT caseload.

- The course has been designed for parents who want to increase their understanding of autism.
- The sessions will take place online via Microsoft TEAMS. If you secure a place, a TEAM's invite will be sent to you the week before the session commences so you can join the sessions.

SUMMER TERM 2025

Session1 – An introduction to Autism	13 th May 2025: 9.30-11.30am
Session 2 – Communication and Interaction	20 th May 2025: 9.30-11.30am
HALF TERM	
Session 3 – Sensory differences	3 rd June 2025: 9.30-11.30am
Session 4 – Eating, sleeping, personal care	10 th June 2025: 9.30-11.30am
Session 5 – Autism and Anxiety	17 th June 2025: 9.30-11.30am
Session 6 – Parent/ carer choice & signposting services	24 th June 2025: 9.30-11.30am

The subject or title of your email needs to state that it is for the: Summer 2025 Primary CAT PAC Online –

In your email please include:

- Your name – Parent carer
- Your Child's name
- Your Child's school (Add your child's CAT worker if known)
- *Due to limited places, the course will be offered to the first families to contact us.*
- *There is an expectation that parents try to attend all sessions if possible.*
- Please email A2EGeneral@birmingham.gov.uk to reserve a place.

You will receive an email response to confirm your place or to tell you that the course is full. **Yours sincerely, Lisa Walmsley and Wendy Bantock.**

