



## Communication and Autism



**Autumn Term 2025 CAT PAC (Parent Awareness Course) – Early Years**  
**Venue: Saint Peter and Saint Paul Primary School, Kingsbury Rd, Birmingham, B24 9ND.**

**We would like to invite you to a CAT PAC awareness course. This is a course for parents/carers of autistic children or of children on the Neurodevelopmental pathway.**

- The course has been designed for parents who want to increase their understanding of autism in the Early Years.
- Each session will last for 2 hours

### **AUTUMN TERM 2025**

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| Session 1 – An introduction to Autism              | 22 <sup>nd</sup> September 2025: 12.30-2.30pm |
| Session 2 – Communication and Interaction          | 29 <sup>th</sup> September 2025: 12.30-2.30pm |
| Session 3 – Sensory differences                    | 6 <sup>th</sup> October 2025: 12.30-2.30pm    |
| Session 4 – Eating, sleeping and toileting         | 13 <sup>th</sup> October 2025: 12.30-2.30pm   |
| Session 5 – Emotional regulation                   | 20 <sup>th</sup> October 2025: 12.30-2.30pm   |
| HALF TERM  |   |
| Session 6 – Parental choice & Signposting services | 3 <sup>rd</sup> November 2025: 12.30-2.30pm   |

**The subject or title of your email needs to state that it is for the:**

**Autumn 2025 Early Years CAT PAC – Saint Peter and Saint Paul Primary School**

***In your email please include:***

- Your name and email address
- Your Child / young person's name and school
- Your child / young person's CAT worker (*if known*)
- Due to limited places, the course will be offered to the first families to contact us.
- *There is an expectation that parents endeavour to attend all sessions if possible.*
- **Please email [A2EGeneral@birmingham.gov.uk](mailto:A2EGeneral@birmingham.gov.uk) to reserve a place.** You will receive an email response to confirm your place or to tell you that the course is full.

**Yours sincerely,**

***Dawn Fisher, Viv Walters and Julie Watchorn Brennan.***